# Connect & Grow

## Sunday Mornings starting September 16

### "SHALOM"

All who have an interest in practicing the disciplines of mindful movement and Centering Prayer to support healing, wholeness, and God's presence are welcome!

Sunday Morning	9:00 - 10:00 AM	Choir Room - Lower Level
September 16	ongoing	No registration or advanced reading

### "DROP IN BIBLE STUDY"

Come any or every Sunday and spend just an hour in intentional contemplation of God's Word. Bibles & other study resources are available for use, but bringing your own Bible is great! Topics will vary based on the group's interest, sometimes digging deeper into that day's scripture basis for worship. No registration or advanced reading -- just come with a seeking mind and a yearning heart. Everyone is welcome here! Facilitated by Jamie Boettcher and others.

Sunday Morning	9:00 - 10:00 AM	Adult Room - Lower Level
September 16	ongoing	No registration or advanced reading

### "CULTURES IN CONFLICT"

Steve Weeks guides us through the newest Ray Vanderlaan series. Filmed in Greece, we experience how the Apostle Paul presents his beliefs to the most powerful court in Athens and lives among a society that is entirely secular. And we'll ask ourselves "how can we live in a way that glorifies God?"

Sunday Morning	10:30 - 11:30 AM	Adult Room - Lower Level
September 16	6 sessions	Ray Vanderlaan video series

## "STARTING POINT - A CONVERSATION ABOUT FAITH"

Dru Cirio leads us in an engaging series by pastor Andy Stanley that creates a place where questions about God turn into a conversation about faith. We will discuss any doubts and explore the trickiest topics of faith, free from pressure and judgment.

Sunday Morning	10:30 - 11:30 AM	"The Hull" bottom of stairs Lower Level
September 16	8 sessions	Andy Stanley video series

### "FINDING I AM"

Coffee's on! Spend 6 weeks exploring how Jesus fully satisfies the cry of your heart. We join Lysa TerKeurst on the streets of Israel to explore the seven "I AM" statements of Jesus found in the Gospel of John. Led by Linda Dickey and Jeanine Ronning.

Monday Morning	6:30 - 7:45 AM	Adult Room - Lower Level
October 15	6 sessions	Sign up for a book by October I

## "LET ME ASK YOU A QUESTION-CONVERSATIONS WITH JESUS"

We often think of Jesus as the one with all the answers. But again and again in scripture, Jesus asks the questions, inviting people into conversation and showing genuine interest in their responses. In Let Me Ask You a Question, we engage with Jesus' questions as if he were asking them of us right now. Led by Pastor Shirley.

Wednesday	1:00 - 2:30 PM	Adult Room - Lower Level
October 3	7 sessions	Books will be available

### "WOMEN'S RETREAT"

## Vineyard Vacation: A time for fun, fellowship, and fruit!

Galatians 5:22-23 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Contact: Dianne Roth 763-420-9686 or Jamie Boettcher 763-772-7218

Friday - Saturday	Start 6 PM Friday	Mount Olivet Conference & Retreat
October 26 - 27	End 8 PM Sat	Farmington, MN

# ALZHEIMER'S - UNDERSTANDING & RESPONDING TO DEMENTIA RELATED BEHAVIORS

### **Workshops Series Returns**

- presented by the Alzheimer's Association of MN

Saturday Morning	9:00 -10:30 AM	Fellowship Hall
November 3	Workshop	Refreshments provided

## "FINANCIAL PEACE" returns Sunday evenings in January.

A nine-lesson money class that teaches step-by-step how to create a budget, pay off debt, spend wisely, and save for the future. This life-changing class is taught by Dave Ramsey and coordinated by Tom Bailey and Tracy Ottenstroer.

# Connect & Serve

#### FEED MY STARVING CHILDREN

Join a group from Cross Winds the **second Saturday of the month** to volunteer at the Coon Rapids location. FMSC offers volunteers a one-of-a-kind experience. You'll hand-pack rice, soy, dried vegetables and a nutritionally complete blend of vitamins and minerals into bags which are then sealed, boxed, placed on pallets and shipped to reach the neediest children around the world. Through volunteering at FMSC, you'll get the chance to impact hundreds of kids in just two hours per packing shift. Contact: Floyd Burghard | fburghard@comcast.net (763-424-7432)

#### STITCHES OF LOVE

If you are a sewer, a fabric cutter, or interested in learning about various sewing mission projects **consider joining us** to make Love Quilts, school bags, and kits for 'Days for Girls'. Patterns and all fabric are provided: (cottons, blends, flannels, knits, and fleece). **Our work depends upon donations** of unwashed, unused fabrics with no political symbolism or advertisements.

All sewing is completed at home. **Generally meet: 1st Thursday of the month 1:00 PM at Cross Winds** for fellowship to talk about our projects and related topics.
Contacts: Jane Ducklow | duckcraft@comcast.net or Joan Mann

### 'DAYS FOR GIRLS' SEW-A-THON SPECIAL EVENT

October 11th from 6:00 – 8:30 PM at Cross Winds in the fellowship hall. The Stitches of Love Sewing Group is hosting this event.

#### PRAYER SHAWL MINISTRY

The Prayer Shawl Ministry meets on the **fourth Monday at 1:00 PM** at church most months. **All are welcome.** Patterns are available. We can also teach you to knit. A Prayer Shawl is a soft, warm shawl, knitted or crocheted, which is given to persons who are ill, have suffered a loss or are in the middle of a crisis. Before being delivered, a prayer is offered that its recipient may feel the warmth of God's love and the prayer and care of others surrounding them.

Contact: Dianne Roth | DianneRoth@comcast.net (763-420-9686)

## SENIOR FIX-IT WEDNESDAYS: 9 - NOON

Do you like to "fix or repair" things? If you are available during the day, **you are invited to help the "Senior Facilities Team" fix things around the church** (inside and out). We usually offer coffee and donuts, and always offer conversation. Contact: Roger Roth | RogerRRoth@comcast.net (763-420-9686)

## PRIMETIMERS (AGE 50 AND BETTER)

Join us every other month for daytime fun and adventure.
For UPCOMING EVENTS see the SIGN-UP SHEET IN THE LOBBY
Contact: Audrey Bouma (contact info through the church office 763.494.9463)

